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Urban District Council of Newbiggin by the Sea



# ANNUAL REPORT

of the

### Medical Officer of Health

and the

## Public Health Inspector

for the Year

1970



#### ANNUAL REPORT

of the

#### MEDICAL OFFICER OF HEALTH

To the Chairman and Members of Newbiggin-by-Sea Urban District Council.

Mr. Chairman and Councillors.

I have the honour to present to you the report of the Medical Officer of Health and that of the Public Health Inspector for the year 1970.

The vital statistics for the year were again very satisfactory. There was a further increase in the population figure, from 10,130 in 1969 to 10,460 in 1970. The adjusted birth rate rose from 12.5 to 14.7 - compared with the national rate of 16.0. The stillbirth rate, at 13 per 1,000 live and still births, was equivalent to the national figure. It is most gratifying to be able to report that there were no deaths of infants under 1 year of age in Ibwbiggin during 1970, and it would seem that this is something of a record in the town. The only year when this was recorded previously in the records available in the area health office, was in 1801 and the population of Newbiggin at that time was 398.

There was a slight increase in the adjusted death rate from 14.0 in 1969 to 14.1 in 1970 - the national figure was 11.7. Once a ain, no death occurred from tuberculosis. Over 45% of the total deaths were due to diseases of the heart and circulation, and almost 18% were due to malignant neoplasms. Five persons died from malignant neoplasms of the lung and bronchus - a figure equal to that of 1969. The death rates for malignant neoplasms of the lung and bronchus and for all other sites, were lower than the national figure in each case.

The two diseases which occurred in significant numbers during 1970 were measles and infective hepatitis.

Notifications of cases of measles began to be received in March and continued into July - and following this, one case occurred in August and one in December. There were 61 cases in all. Measles vaccine, which had been in very short supply for over a year due to the withdrawal of supplies by one firm, again became available in May 1970, and the vaccination campaign against this disease was recommenced at that time. The satisfactory effect of this, it is hoped will be seen in the future. Six hundred and seventy nine children were vaccinated against measles in the whole of the central area of Northumberland in the year under review.

Cases of infective hepatitis, which had been occurring in the town towards the end of 1969, continued to be notified in 1970, and there were over 30 notifications in the first six months of the year. Thereafter, one case occurred in September, and one in December. The cases were mainly in children, only 4 adults being affected and none of these was a food-handler.

The case of food poisoning was in a 30 year old man, whose work entailed travelling long distances, so that most of his meals were eaten away from home. The causal organism was Salmonella panama. Family contacts were unaffected.

Early in May, a small outbreak of infection occurred in Newbiggin. Affected families suffered from a sudden onset of vomiting, sore throat, swollen glands, headache, and diarrhoea and photophobia in some cases. Children were mainly affected, but adults who picked up the infection were very poorly and complained of an aching, stiff neck. Many members of each family were ill.

A similar outbreak of infection had occurred in a neighbouring area, one month previously, and both were probably due to the same virus, but specimens sent to the Public Health Labo atory for examination, failed to grow any organisms.

In Sep tember, vaccination against german measles was offered to all 13 year old firls in the area, to ensure protection against this disease, because of the known association of certain foetal abnormalities following an attack of german measles during pregnancy. A very good response was obtained and approximately 100 consent forms were returned, but the vaccine had not become available and vaccinations could not be carried out during the year under review.

In the early surmer, information was received from the Ministry of Agriculture, Fisheries and Food that the toxin level had begun to increase in mussels and other bi-valves along the Morth Sea coastline. Local fishermen in Membiggin were contacted by the Public Health Inspector and were advised that mussels gathered locally should not be solf or consumed.

Once again, I should like to express my gratitude to Mrs. Hay, The Public Health Inspector and other Council Officials for the help and co-operation which they extended to me during the year, and for the continued interest and support of members of the Council.

I am,
Mr. Chairman and Councillors,
Your obedient Servant,
K. Dick, M.B., B.S., B.Hy., D.P.H.
Medical Officer of Health.

#### Chairman of the Public Health Committee - Councillor D.W. Burton

#### OFFICERS OF THE PUBLIC HEALTH COMMITTEE

Medical Officer of Health	KATHLEET DICK M.B., B.S., B.HY., D.P.H.
Public Health Inspector	E. BIRKETT M.A.P.H.I.
Offices of the Medical Officer	156, Woodhorn Road, Ashington.
Clerk to the Medical Officer	Mrs. M. Hay
Telephone	Ashington 2287
Offices of the P.H. Inspector	Front Street, Newbiggin-by-Sea.
Clerk to the P.H. Inspector	Mrs. S. Simpson - resigned July, 1970. Mrs. P. Wilkinson - Comm. August, 1970.
Telephone	Newbiggin 350

Area in Acres	1,840
Registrar-General's Estimate of resident population Mid-1970	10,460
Rateable Value	£252 <b>,</b> 104
One Penny Rate Produces	
Number of inhabited houses (end of 1970)	3,690
Total number of houses owned by Local Authority	1,793

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#### VITAL STATISTICS.

(figures for England and Wales are in brackets)

#### BIRTHS

Live Births Legitimate Illegitimate	Total 145 8	<u>Male</u> 81 3	Female 64 5
	153	84	69
Crude Birth Rate per 1,000 of the estimated popular Local Adjusted Birth Rate (Crude Birth Rate x Comparatio of local adjusted birth rate to national rate Illegitimate live births as percentage of all live	arability Fa	actor 1.01	) 14.7 (16.0) 0.92
Still Births	Total	Male	Female
Legitimate	2	2	-
Rate per 1,000 of the total (live and still) births	•••••	• • • • • • • • •	13 (13)
DEATHS			
Total Male 118 62	Female 56		
Crude Death Rate per 1,000 of the population Local Adjusted Death Rate (Crude Death Rate x Comparatio of local adjusted death rate to national rate Deaths from Puerperal Causes, Pregnancy, Childbirth Maternal Mortality Rate per 1,000 total (live and second secon	arability Face	actor 1.25)	) 14.1 (11,7) 1.21 NIL
Deaths of Infants under 1 year	NIL		
All infants per 1,000 live births  Deaths of Infants under 4 weeks	NIL	(18)	
Neonatal Death Rate (Deaths under # weeks of age po	er 1,000 liv	ve births)	NIL (12)
Deaths of Infants under 1 week	NIL		
Early Neonatal Death Rate (Deaths under 1 week per Perinatal Death Rate (Stillbirths and Deaths under (Live and Still) births	1 week per	1,000	NIL (11) NIL (23)

1970.

# CAUSES OF DEATH IN GE GROUPS.

Total Under 4 weeks Sex All Ages 4 weeks and under
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	Sex A	Total All Ages	Under 4 weeks	4 weeks and under 1 year	-	2	15-	25-	35-	45-	55-	65-	75 years & over	70
B46(6) Other Diseases of Circulatory System	至年	410	1 1	į 1	ıi	1 1	: 1	1 1	٦ ،	1 1		1 1	2 2	
	阳阳	1	1 1	l 1	1 1	1 1	1 1	3 8	1 1	1 ~	1 1	1 1	1 1	
	日日	24	- 1 1	1 1	1 1	1 1	- 1 1	1 \$	8 6	1 1	1 1	Нα	Н 2	
Bronchitis and Emphysema	军压	<i>M M</i>	1 1	8 8	1 1	1 1	1 1	1 1	1 1	1 1	1 1	МH	1 0	
	五百	1	1 1	1 1	1 1	1 -	1 1	1 [	1 1	1 1	1 1	1-1	1 1	
Other Discases of Respiratory System	国压	러러	t 1	1 1	1 1	1 1	1 1	1 1	1 1	1 1	1 1	1 1	I	
	芦苇		1 1	l t	1 1	1 1	1 1	1 1	1 1	1 1		1 1	1 1	
Hyperplasia of Prostate	M	Н	ı	ı	1	1	1	1		, 1	1	H	1	
Other Discases, Genito-Urinary System	西田	1 14	1 1	1 1	1 1	1 1	T i	1 1	1 1	1 1	1 ~	1 1	1 1	
Motor Vehicle Accidents	芦叶	<b>н</b> 1	- i - i	1 1	1 1	1 1	1 1	1 1	1 1	1 1	1 1	H 1	į I	
Suicide and Self-Inflicted Injuries	<b>Ξ</b> E	1 17	1 1	1 1	1 1	0	1 1	1 1	1-1	1 1	l H	1 1	1 1	
	H	62 56 .	1 8	8 8	1 1	1	1 1	1 1	m I	22	10	21	23	

-4VITAL STATISTICS

POPULATION	CRUDE BIRTH RATE	CRUDE DEATH RATE	INFANTILE MORTALITY RATE
6,800	31.07	10.98	29
6,904	16.12	13.61	98.2
9,162	17.68	10.57	50.96
9,508	16.82	13.10	43.75
10,150	17.93	11.43	27.47
10,460	14.6	11.3	NIL
	6,800 6,904 9,162 9,508 10,150	6,800 31.07 6,904 16.12 9,162 17.68 9,508 16.82 10,150 17.93	6,800 31.07 10.98 6,904 16.12 13.61 9,162 17.68 10.57 9,508 16.82 13.10 10,150 17.93 11.43

#### PRINCIPAL CAUSES OF DEATH IN NEWBIGGIN-BY-SEA.

Total No. 1969	Total No. 1970	% of Total Deaths 1969	% of Total Deaths 1970
42	54	37.2	45.76
22	21	19.5	17.79
20	18	17.7	15.25
Emphysema 15	12	13.3	10.17
99	105	87.7	88.97
	1969 42 22 20 Emphysema 15	1969 1970  42 54  22 21  20 18  Employment 15 12	1969 1970 Deaths 1969  42 54 37.2  22 21 19.5  20 18 17.7  Cmphysema 15 12 13.3

# PREVELENCE OF, AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES CASES NOTIFIED DURING THE YEAR.

	e-menulari dari ng	en allerente proportion	a collection of the collection of					-						
	Under 1 year	1-2 years	5 - 4 years	5 - 9 years	10-14 years	15-24 years	25-54 years	35-44 years	45-54 years	55-64 years	65-74 years	75 years & over	TOTAL	
Measles	4	19	18	20	~	-	<b>610</b>	<b>949</b>	~	~	<del></del>		61	
Infective Hepatitis	-	-	2	16	8	4	2	-	1	-	-	_	33	
Scarlet Fever	•••	-	~	1	-	~	-	-		-	~	~	1	
Food Poisoning	•	-	-	-	-	••	1	-	-	-	~	-	1	
TOTAL	4	19	20	37	8	4	3		1	-		-	96	

Disease	Pı	rimary I	Immunisa	ation		Others	
YEAR OF BIRTH	1970	1969	1968	1967	1963-66	Under 16 years	TOTAL
Diphtheria	5	661	<b>1</b> 49	8	15	32	870
Whooping Cough	5	656	145	7	9	~	822
Tetanus	5	662	149	8	16	87	927
Poliomyelitis	7	657	144	12	20	57	897
Measles	2	150	252	129	127	19	679
		F	E_IMFOR	RCING DO	DSES		
Diphtheria	-	-	28	82	1017	33	1160
Whooping Cough	-	-	23	66	64	1	154
Tetanus	1	1	28	83	1030	641	1784
Poliomyelitis	-	~	<b>2</b> 8	82	1014	711	1835
SMALLPOX		No.	of chil	dren va	cinated	No. r	evaccinated
Age at date of vaco	ination.						
Under 1 year				10			_
l year				62			_
2 - 4 years				84			6
5 - 15 years				72			30
TOTAL				228			36

#### TUBERCULOSIS

#### MEW CASES AND MORTALITY DURING 1970.

There were no new cases and no deaths from this disease in 1970.

Death Rate from Respiratory Tuberculosis in Newbiggin	NIL
Death Rate from Respiratory Tuberculosis in England and Wales	0.019 per 1,000
Death Rate from Other Forms of Tuberculosis in Newbiggin	NIL
Death Rate from Other Forms of Tuberculosis in England and Wales	0.014 per 1.000

#### MALIGNANT NEOPLASMS

The Registrar-General's figures have been used in calculating the death-rates given below.

Malignant Neoplasm of the Lung and Bronchus	
Death Rate in Newbiggin-by-Sea	0.478 per 1,000 pop.
Death Rate in England and Wales	0.617 per 1,000 pop.
Malignant Neoplasms of All Other Sites.	
Death Rate in Newbiggin-by-Sea	1.53 per 1,000 pop.
Death Rate in England and Wales	1.773 per 1,000 pop.
Malignant Neoplasms of All Sites.	
Death Rate in Newbiggin-by-Sea Death Rate in England and Wales	2.01 per 1,000 pop. 2.490 per 1,000 pop.

#### GENERAL PROVISIONS OF HEALTH SERVICES FOR THE AREA

There were no changes in the general provisions of Health Services for the Area in 1970.

#### Ambulance Facilities.

These are provided by Northumberland County Council ambulances based on the Station at West View, Ashington where 15 drivers and 1 station officer are employed, working three eight-hour shifts, maintaining a 24-hour service.

All ambulances are fitted with radio and can be controlled from a central Control at Wideopen.

#### Maternity and Child Welfare Services.

Northumberland County Council is the authority responsible for these services and clinics are held at Jubilee Terrace, Newbiggin as follows:-

Baby Clinics
Ante-natal Clinics
Toddler Clinics
Immunisation Clinics
Ante-natal and relaxation classes
Post-natal and cervical smear clinics
Chiropody Sessions
Young Mothers' Club
Playgroup - run by Young Mothers' Club

#### PUBLIC HEALTH INSPECTOR'S ANNUAL REPORT

#### Year ended 31st December 1970

#### PUBLIC HEALTH AND HOUSING ACTS

#### I HOUSING

#### Statement of Housing for the year 1970

New Houses completed during the year
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a,	) By Local Authority	145
b)	) By any other Housing Authority	
c)	) By private persons	51

#### Closing and Demolition

1.	Houses denotished in Clearance Areas	12
2.	Houses demolished not in Clearance Areas	-
3.	Houses closed, not demolished	6
4.	Any other houses permanently discontinued as	
	dwellings and not included in above	_

#### Repairs

#### Houses made fit by procedure under with Housing or Public Health Acts

9 •	by informat action	3
6.	By owners, following statutory notice	
	By Local Authority in default of owners	-
8.	Depolition Orders revoked after reconstructions	_

#### Houses Patched

9. Houses in Clearance Areas still in use at end of the year for temporary accommodation

#### Clearance Programme

10. Number of unfit houses in clearance programme remaining to be dealt with at end of year

#### Improvement Grants

	-	uses
1. Applications submitted to Local Authority 2. Applications rejected		17
3. Applications approved 4. Approximate average grant per house	£;	17 389
5. Total number of houses approved for grant in the area since the inception of scheme		243

Standard Grants		During the year	Total to date
1.	No. of scparate houses for which grants have been made	26	165
2.	No. of houses so provided with:-	20	20)
	a) Bath or Shower	6	94
	b) Wash hand basin	6	91
	c) Hot Water Supply	7	83
	d) Water Closet	24	147
	e) Food Store	_	48

#### Local Authority Houses

1.	Total no.	of houses owned by Local Authority	1,793
2.	Total no.	of inhabited houses in district	3,690

#### HOUSES IN MULTIPLE OCCUPATION

The problem of houses in multiple occupation outlined in last year's annual report has, if anything, become more acute due to the influx of construction workers from the Alcan site. During the year the problem reached even to the Council housing and a warming had to be issued through the media of the Press to stop Council tenants from accepting lodgers and overcrowding their houses. There is, of course, in Newbiggin a chronic shortage of private rentable properties and this compounds what has become a relatively serious housing problem.

#### NORTH SEATON COLLIERY COMPULSORY PURCHASE ORDER 1968

The final rehousing from the Compulsory Purchase Order was carried out in August of this year, and as a result, North Seaton Colliery, apart from those streets of newer houses, is completely empty and well on the way to being denolished. Statistically the operation involved removing some 329 families comprising 1,038 persons from 330 houses and has taken four years from the declaration of intent by the Council to the final rehousing and amounts to the fact that one person in ten of the population of the Urban District was taken from old, virtually worm out housing stock and transported en bloc to a new open plan estate some 1½ miles away. On reflection this was accomploshed without any serious setbacks.

#### WILKIE TERRACE CLEARANCE AREA 1970

With the completion of work at North Seaton, attention was turned to the Wilkie Terrace area, and this was represented to Council during the year, approved and submitted to the Ministry. The Compulsory Purchase Order was declared and submitted to the Ministry for approval but one objection was raised and in consequence a Public Inquiry is to be held next year so all hangs fire until this has been settled. This area is probably the last in Newbiggin which is suitable for dealing with under Section 42 of the Housing Act 1957 and when complete should rid the Urban District of slum housing.

#### IMPROVEMENT AREAS

Now that clearance is virtually complete, attention must now be turned to improvement of sub standard housing within the area, and sections which come immediately to mind are the Colliery Area and the east side of North Seaton Road. Next year it is hoped to set the machinery of the 1969 Housing Act into motion.

#### II PUBLIC HEALTH

#### WATER SUPPLY

The water supply in the area was of its normal high standard, being adequate in quantity and bacteriologically pure on all samples taken. The Tynemouth Water Corporation was, as usual, the undertaker.

#### PUBLIC CLEANSING

Twice weekly collections of all houses in the area has continued and the service continues to run quite smoothly.

The diposal of refuse has continued to be the problem, as the Quarry Tip at North Seaton was proving totally unsuitable for the amount of refuse it had to absorb since the Woodhorn Tip was taken over by Alcan (U.K.) Limited. Flies, rodents and above all the spontaneous combustion which is endemic on tips, causing snoke and fly ash nuisance to the remaining three streets in North Seaton and to nearby pigeon fanciers and allotment holders. Eventually a site was found to tip on what was formerly Wood Row some quarter nile from the Quarry, and whilst this is not at all a suitable tip, it has allowed a breathing space.

The most obvious solution is to extend this tip, and tip into a bight in the river bank nearby. The main problems with this type of tipping are the costs involved for to obviate any effluent and rubbish which might be discharged into the river. The second, and less costly solution, is to reach agreement with Ashington Council to use their pulverisation plant and tip on a mutually agreed cost basis. The second solution, as well as being much less costly, would seem more practical in view of boundary changes proposed by the Government to be implemented in approximately three to four years which should see the formation of a larger authority with a single refuse collection and disposal organisation.

#### PUBLIC CONVENIENCES

Cleansing of the conveniences is undertaken twice a day and is done by road sweepers and office cleaners. It would seem that a more viable system would be to employ one man full time who can keep better supervision on the various conveniences.

#### CARAVAN SITES (CONTROL OF DEVELOPMENT) ACT 1960

The sites at the Moor and Sandy Bay are both in quite good condition and since the banning of traders on the Moor Site, there has been very little in the way of complaints. Occasionally refuse disposal problems have arisen but in the main it has been a very quiet season.

#### ITINERANT CARAVANS

There were no complaints of unauthorised parking of vans during the course of the year.

#### CLEAN AIR ACTS 1956 AND 1968

After the initial problems of liason encountered last year, agreement was eventually reached between Morpeth Rural District Council, Ashington Urban District Council and this Council to co-operate with Alcan on the standard deposit gauge readings taken in the area. The Councils pay a financial contribution and each month receive readings taken by International Research and Tevelopment Limited, an independant company who specialise in such industrial readings. At present, graphs are being kept of the three readings taken, i.e. sulphur trioxide, dust and fluoride, and a basic picture is being drawn up of the normal tackground pollution within the area. Next year it is expected that limited production will be started and this norm should then be put to good use.

#### FOOD AND DRUGS ACT

The following visits were made during the year:-

Fried Fish Shops		4
Wet Fish Shops		4
Cafe's		7
Licensed premises		3
Bottling plant		1
Site Canteens		4
Garage		1
General Dealers		24
Grocers	1400	17
Dutchers		15

#### MEAT INSPECTION

After analgamation into the North Eastern Co-operative Society Limited, slaughtering ceased at the Newbiggin Slaughterhouse in September and as this is the only slaughterhouse in town there will be no further killing in Newbiggin.

Up to September, the following visits and condemnations were made: -

After 152 visits, the following tables shows the throughput.

	Bovine excl. Calves	Calves	Sheep and Lanbs	Pigs
Number killed and inspected	379	1	509	418
All diseases except Tuberculosis and Cysticerosis		•		
Whole carcases condemned	-	-	-	1
Carcases some part or organ condemned	89	-	15	75
Percentage of number affected with disease other than Tuberculosis or Cysticerci	23.5		2.94	17.8
Tuberculosis only  Percentage of number affected  with Tuberculosis			e <b>n</b>	1
Cysticerosis only				
Whole carcases condemned	-		-	= 11 -
Carcases some part or organ of which was condemned	-			
Percentage of number affected with Cysticerosis	-	_	-	-

Condernations were as follows:-

#### Cattle

Organ	No.	Reason for Condermation	Approx. Weight
Lungs	2 prs.	Fluke Abscess	36 lbs
	8 prs.	Pleurisy	144 <b>l</b> bs
	2 prs.	C. Bovis	36 lbs
	1 pr.	Abscessed	18 lbs
Liver	10	Facioliasis	120 lbs
	2	Ascariasis	24 lbs
	2	Abscessed	24 lbs
	5	Multiple abscessed	60 lbs
	3	Cirrhosis	36 lbs
Part Livers	ivers 36 Fascioliasis		180 lbs
Heart	1	Pericarditis	4 lbs
	1	C. Bovis	4 lbs
Head l C. Bovis		C. Bovis	30 lbs
Thin Skirt	1	Pleurisy	3 lbs
	4	Abscessed	12 lbs

#### Sheep

Organ .	<u>No</u> .	Reason for Condernation	Approx. Veight
Liver	11 1 1	Distouatosis Pregnancy toxeria Hydatosis	33 lbs 3 lbs 3 lbs
Heart and Lungs	2 prs.	Pericarditis	6 lbs

#### Pigs

Lungs	44 prs	Pneumonia	484 lbs
Liver	4 14	Hydatitosis Ascariasis	12 lbs 42 lbs
Heart and Lungs	3 prs.	Pericarditis	9 lbs
Plucks	3 ,	Pericarditis and Ascariasis	15 1bs
Port livers	1	Ascariasis	ll lbs
Viscera	1	Pericarditis	15 lbs
Carcase	1	Oedaena, acute pleurisy, acute pericarditis and arthritis	136 lbs

#### OTHER FOODS

The following articles of food were found to be unfit for human consumption and were condemned.

98 tins consisting of meat, vegetables and fruit 3 ten pound tins sheep's liver

#### FACTORIES ACT 1961

#### Inspections

D•	No. on Register		Number of	
Premises	revister	Inspections	ritten Notices	Occupiers Prosecuted
1. Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authority.	12	Ą		-
2. Factories not included in l in which Section 7 is enforced by Local Authority.	11	6	-	-
3. Other premises in which Section 7 is enforced by Local Authority. (excluding outworkers premises)	4		-	
TOTAL	27	10		

#### Cases in which Defects were found

Number of cases in which defects were found

Particulars	Found	Remedied		ered By H.M. ector	Number of cases in which prosecutions were instituted
Want of cleanliness	-	1	-	-	-
Overcrowding	-	-	<b>-</b> .	-	-
Unreasonable temperature	-		-	-	-
Inadequate ventilation	-	-	-	-	-
Ineffective drainage of floors	-	-	-	-	-
Sanitary Conveniences  a) Insufficient  b) Unsuitable or  defective	-	-	-	-	-
c) Not separate for sexes	-	-	-	-	-
Other offences against the Act (not including offences relating to Outwork	-	-	_	-	•••

#### PREVENTION OF DAMAGE BY PESTS ACT

#### Rodent Control

Rats	61
Mice	12

#### Insect Control

Cockroaches	138
Clover Mite	5
Earwigs	52
Blow flies	1
Garden Beetles	2
Fleas	1
Cluster Fly	1
Silver fish	2
Fly Larvae	1

#### Mosquitoes

Since Alcan took over the Blue Holes area and drained it, it has removed the biggest single breeding ground for mosquitoes in the area. No complaints were received during the year.



